



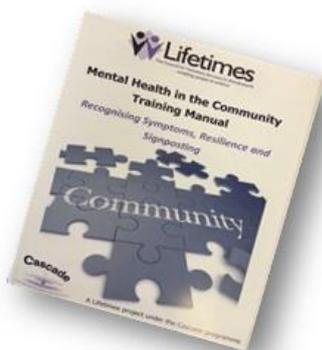
# Lifetimes

The Council for Voluntary Services in Wandsworth  
*enabling people to achieve*

## care4me

Your community directory

 Advice and advocacy	 Benefits and money	 Care and support	 Caring for someone	 Community and getting involved	 Counseling
 Education, training & work	 Health and wellbeing	 Housing and care homes	 Keeping safe and secure	 Leisure and activities	 Self-Help Groups
 Travel and getting about	 Volunteer Bank				



**Men Matter 2**



**We Care**  
*A Lifetimes Project*

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**Woman 2 Woman**



**We Care**

*A Lifetimes Project*

**Lifetimes Events and Training**

## Woman to Woman

### Woman 2 Woman



*A Lifetimes Project*

Lifetimes has developed a new project Woman to Woman, to Tackle Period Poverty for Homeless Women

**Lifetimes** is addressing the serious issue of **period poverty** that **homeless women** face. Lifetimes is partnering up with other organisations in this field and will be providing **care packages** to homeless women in need through the **Woman to Woman** project.



### Men Matter 2



## Men Matter 2

Lifetimes will be Launching another new, exciting project, **Men Matter 2**, further details this will be released soon. To find out more follow us on Twitter [@LifetimeNews](https://twitter.com/LifetimeNews) or go to [#ReHomeSocksAndPants](https://www.facebook.com/ReHomeSocksAndPants) to see how you can help.



## Healthy Communities Training

**Healthy communities training spaces-** Promoting Healthy Lifestyles: 21/11, Mental and Emotional Wellbeing: 28/11, Fire, Home and Personal Safety: 5/12

This bespoke training programme was originally written for Wandsworth Borough Council's workplace development; Lifetimes have negotiated for voluntary sector groups in Wandsworth and Richmond to have the opportunity to take up free training spaces which will benefit and strengthen bids and contracts in the future.

**Lifetimes Healthy Communities Training** consists of three different courses; **Promoting Healthy Lifestyles, Mental & Emotional Wellbeing** and **Fire, Home & Personal Safety**. These courses have several aims:

- **Promoting Healthy Lifestyles**  
provides an overview of the different areas of health and wellbeing, health inequalities and how to promote healthy living activities in the community. For more information, course dates and times please go to this link <https://life-times.org.uk/assets/documents/hc-promoting-healthy-lifestyle>
  
- **Mental & Emotional Wellbeing**  
offers an overview of the different aspects that support good mental wellbeing and how to support individuals to engage in health promoting activities and access further support. For more information, course dates and times please go to this link <https://life-times.org.uk/assets/documents/hc-mental-emotional-wellbein>
  
- **Fire, Home & Personal Safety**  
provides an overview to safety in the home and the risks and types of accidents which could occur as clients get older; fire, burns, poisoning, trips and falls. We will focus on fire safety in the home, the impact of damp in the home, crimes against older people and the risks and types of accidents/incidents which can occur as clients get older. For more information, course dates and times please go to this link <https://life-times.org.uk/assets/documents/hc-fire-home-personal-safety>

The courses, so far, have been well attended by Wandsworth Council and voluntary and community sector groups.

We have had fantastic feedback from past delegates:

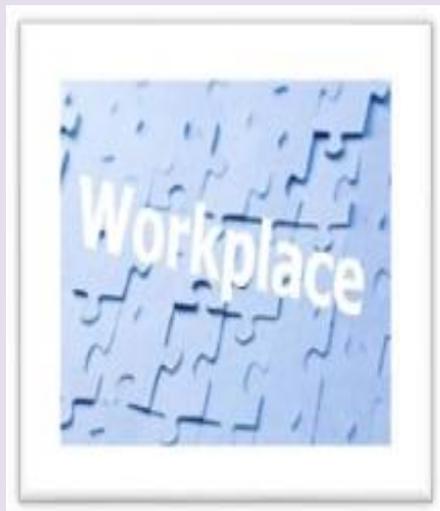
*"I have enjoyed today's session and felt very informed about healthy lifestyles [...e]specially [the] scientific info [it] was brilliant."*

*"Very good overview training, [the]... group work [and] sharing [of] ideas [was] lots of fun. Slides, info and videos good. Thank you."*

Booking is essential via Wandsworth Borough Council's TPD online [voluntary.tpd.org.uk](http://voluntary.tpd.org.uk).

**Please note: Organisations are entitled to a maximum of 2 places per course.**

If you have any further questions regarding bookings for these courses, please contact the course administrator - Agostinho De Jesus [adejesus@wandsworth.gov.uk](mailto:adejesus@wandsworth.gov.uk)



## Mental Health in the Workplace

Following the great success of our Mental Health in the Community training, Lifetimes have designed and written a new training course, Mental Health in the Workplace. This was



launched on the 10th of October 2017 at our free training session in honour of World Mental Health Day. Watch this space for more details on content and upcoming dates.

## Mental Health in the Early Years

Following the great success of our Mental Health in the Community training, Lifetimes have designed and written a new training course, Mental Health in the Early Years. This course will be launched in January 2018. Watch this space for more details on content and upcoming dates.

## Other Events and Training

### Generate Celebration Day



You are invited to the Generate Celebration Day, inclusive of our AGM. This year we have our performance with Brit School, and our music and drumming groups performing so it promises to be a lot of fun! We like to keep the AGM formalities to the minimum and focus on showcasing some of the fun and inspiring work we do across the year.

### Wandsworth Young Minds Matter

**Date:** Wednesday 15th November  
**Venue :** Wandsworth Civic Suite SW18 2PU  
**Time :** 9:30am to 3pm



FREE interactive event on the importance of mental health and wellbeing of children and young people as the key to educational achievement.

For more information please contact

Elaine Arnold ,020 7801 0135 ,serefo.info@gmail.com

Sarah Rackham ,020 7223 2845 ,sarah@klsettlement.org.uk



## Funds

## **Big Lottery £4.5 million social action fund launched**



The Big Lottery Fund and the Department for Digital, Culture, Media and Sport (DCMS) have announced a £4.5 million fund to support the Place Based Social Action programme (PBSA). PBSA aims to create positive change by enabling people, communities, local non-statutory organisations and the statutory sector to work collaboratively to create a shared vision for the future of their area, and address local priorities through social action.

Funding is available to existing partnerships including infrastructure organisations, charities, local authority representatives and NHS CCGs. Partnerships can apply for up to £240,000 and then a further £255,000 over the course of the three-phase plan. Phase one is open to expressions of interest **until 28 November 2017**. For more information and to apply click [here](#).

## **Ravensbourne Rotary Club are looking for the smaller organisations where £250 - £500 would really help**

They have an annual small community grants fund available. It's a simple, short process to apply. Simply cut and paste a brief description of the general work you do and then write a small paragraph on what you would do with the grant – it does not have to be anything new, just whatever is your greatest need. Please get in touch with Chris Compton 07703519264 or email him [ChrisCalmont@yahoo.com](mailto:ChrisCalmont@yahoo.com) for further information.

## Awards for All England

**Area:**  
**England**  
**Funding**  
**size: £300 -**  
**£10,000**  
**Application**  
**deadline:**  
**Ongoing**

A quick and easy way to get small Lottery grants of between £300 and £10,000



Awards for

All offers grants of between £300 and £10,000 for grassroots and community activity that aims to improve life for local people and neighbourhoods. It doesn't have a deadline and you can apply at any time.

It is our most popular grants programme so we will prioritise groups with smaller incomes. Due to high demand on the programme, organisations that have a large annual income may not be able to get funding through Awards for All.

We recommend you send us your application at least four months before you want your project to start.

For more information, click [here](#)

## Other News

### LVSC takes final step towards a hub for London

Lifetimes are very sorry to hear that LVSC will be taking its final step towards a hub for London and would like to congratulate them on all the work they have done over the years, for London. We wish all the staff the best for the future (and then put a link to what I sent you below)



After 107 years supporting London's thousands of civil society organisations so they can meet the needs of our communities, London Voluntary Service Council (LVSC) has transferred its remaining functions over to Greater London Volunteering (GLV) in preparation for the establishment of a hub for London.

LVSC started life as the Social Welfare Association for London, established at a meeting held on 4 March 1910 at the Mansion House, attended by the great and the good including the Chief Rabbi, the Cardinal Archbishop of Westminster, the Chair of the Royal Commission on the poor Laws, the Chair of London County Council and the Lord Mayor.

LVSC's name and direction has changed over the years, to reflect the changing nature, language and needs of London's people and civil society. Our involvement with The Way Ahead has been the latest example of how LVSC has tried to best meet the needs of civil society groups. The findings from many consultations and working groups have informed our conclusion that the best way to meet the needs of the many different organisations in London is to combine the functions of LVSC and GLV and create a more responsive pan London support network – the London hub. We are delighted that this proposal has secured funding from City Bridge Trust and will be recruiting soon. We will be looking for innovative, passionate people to implement the vision we have, building on the legacy of LVSC.

We would like to thank the hundreds of members of staff, trustees and volunteers who have been involved with LVSC over the years.

LVSC Chair Andy Gregg said 'The spirit of LVSC and its networks will live on in the hub which will provide more comprehensive support to the whole of civil society in London, marking the start of a whole new chapter for our sector.'

**[SCVS Job advert](#)**



**Community Development Officer**

**Salary:** PO3 Scale Point 35 (£30,785 pa – pro rata)

**Hours:** 28 hours per week

**Contract Term:** Until 31<sup>st</sup> March 2019

***Do you want to turn community activism into tangible outcomes?***

***Do you want to work with the Voluntary and Community sector in Sutton to build stronger communities?***

***Do you want to work with communities and groups whose voices are rarely heard?***

***Do you want to be part of developing new initiatives and projects?***

***Do you want to support local partnerships and networks?***

***Then this job is for you!***

We are looking for an experienced Community Development Worker who has worked in local communities and with the voluntary and community sector. We are looking for a passionate and energetic person to join our team to help drive forward the community development agenda in Sutton by working with the local voluntary and community sector, local people and statutory sector agencies.

***Deadline for the application - 12pm Monday 13<sup>th</sup> November***

***Shortlisting by the - 14<sup>th</sup> November***

***Interviews to take place - Friday 24<sup>th</sup> November***

To apply visit <http://www.suttoncvs.org.uk/about-us/work-for-us/>